



# Lil' Wonders

## 10 Ways to Help Your Child Do Well in School

**A+ A+ A+**

1. Show you care. Your child needs hugs and words of support. Ask your child about school each day.
2. Read, read, read. Read with your child or have him or her read every day. Make it fun-talk about what you've read.
3. Make home a place for learning. Help your child practice reading, writing, math, and science skills. Stimulate your child's creativity.
4. Promote health habits. Make sure your child gets plenty of sleep and exercise and eats balanced meals. Schedule regular checkups.
5. Be a role model. Your child learns from you. Be positive about education and show you enjoy learning.
6. Encourage independence. Allow your child to make mistakes and learn to accept their consequences. Give your child responsibilities, such as household chores.
7. Create a study routine. Set a time and quiet place for your child to work everyday. Go over homework together.
8. Get involved. Meet with your child's teacher, attend school events, and help out at school if you can.
9. Build success. Help raise your child's self-esteem by setting reachable goals and praising your child's efforts, not just results.
10. Make school important. Insist on good attendance and punctuality.

## Project R.E.A.D.:

Reading Early Accelerates Development  
(A Gary Literacy Collaborative with Methodist  
Hospitals Pediatric Department)

### Infants and Young Children

1. Start young. In just few months an infant can sit with you, look at pictures, and hear your voice. Point and name familiar objects at home.
2. Vary the tone of your voice, sing nursery rhymes, bounce your knee, and make funny faces. Use other special effects to stimulate your baby's interests.
3. Allow your child to touch and hold sturdy cardboard books.
4. When reading to your baby, be brief but read as often as you can.
5. When reading to your child, follow the words with your finger so that your child learns to follow from left to right.
6. In early reading, the rhyme is a way for children to enjoy the sound of language.



## 101 Ways to Praise Children

\*Wow \*Way to Go \*Super \*Your Special  
\*Outstanding \*Excellent \*Great \*Good \*Neat  
\*Well Done \*Remarkable \* I knew you could  
Do it \*I'm Proud of You \*Fantastic \*Super  
Star \*Nice Work \*Looking Good \*You're on  
top of it \*Beautiful \*Now You're Flying  
\*You're Catching On \*Now You've Got it\*  
You're Incredible \*Bravo \*You're Fantas-  
tic\* Hurray For You \*You're on Target  
\*Your on Your way \*How nice \*How Smart  
\*Good Job\* \*That's incredible \*Hot Dog  
\*Dynamite\* \*You're Beautiful \*You're  
Unique\* Nothing can Stop You Now \*Good  
for You\* I like you \*You're a Winner  
\*Remarkable Job \*Beautiful work  
\*Spectacular \*You're Spectacular \*You're  
Darling \*You're Precious \*Great Discovery  
\*You've Discovered the Secret \*You Figured  
it out \*Fantastic Job \*Hip, Hip, Hurray  
\*Bingo\* Magnificent\* Marvelous\* Terrific\*  
You're important \*Phenomenal\* You're sen-  
sational \*Super Work \*Creative Job\* Super  
Job\* Fantastic Job \*Exceptional perform-  
ance\* You're a Real Trooper \*You are Re-  
sponsible \*You Are Exciting\* You Learned it  
Right\* What an Imagination\* What a Good  
Listener \*You are Fun\* You're Growing up\*  
You Tried Hard \*You Care\* Beautiful Shar-  
ing \*Outstanding Performance \*You're a  
Good Friend \*I Trust You \*You're important  
\*You Mean A Lot to Me \*You make me  
Happy \*You Belong \*You've Got a friend  
\*You make me Laugh\* You Brighten My Day\*  
I respect you\* You Mean the World to me  
\*That's Correct\* You're a Joy \*You're a  
Treasure \*You're Wonderful\* You're Perfect  
\*Awesome A+ Job \*You're A-OK \*My Buddy  
\*You Made My Day \*That's The Best \*A Big  
Hug \*A Big Kiss\* I Couldn't Have Done It  
Without You! \* I Love You\*

P.S. Remember that a smile is worth  
1000 words!

## Help Your Child Get Ready for Kindergarten

- K** Kindle excitement about kindergarten. Visit your school and meet your child's teacher.
- I** Invite new school friends home to play and help your child build strong friendships.
- N** Never forget safety. Teach your child safety rules—whether walking or taking the bus.
- D** Discuss what your child will be learning in school—colors, numbers, shapes and letters.
- E** Explore your neighborhood together. Talk about the world you live in.
- R** Review the good behavior expected of your child, such as following the rules and taking turns.
- A** Get involved at your child's school by volunteering.
- R** Answer your child's questions about school. Reassure your child that school is fun!
- T** Read to your child daily. Visit the library together.
- E** Turn every day into a learning experience.
- N** Encourage your child to eat well, get enough sleep, bathe daily, and brush teeth 2 times a day.
- Notice the new things your child is learning to do and reinforce them with progress and praise.

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*Thank you to the Gary Literacy Coalition, Inc. for all the great information!*

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